



New Mexico Diabetes Advisory Council

Friday, Feb. 26, 2010

Eagle Room

Sandia Resort & Casino

30 Rainbow Road NE
Albuquerque, NM 87113

AGENDA

- 10:00 – 10:10 AM** **Welcome, Announcements, Review of Notes from NMDAC December 2009 Meeting**
- Rosemary Anslow, MA, NMDAC Chair
- 10:10 – 10:25 AM** **NMDAC Board Update**
NMDAC Graphic Identity and Web
- Rosemary Anslow, MA, NMDAC Chair
 - Kathleen Garcia, RN, Chair-Elect
- 10:25 – 10:35 AM** **DPCP Update**
- Judith Gabriele, MPH, Program Manager, DPCP
- 10:35 – 10:55 AM** **Zia Association of Diabetes Educators (ZADE) Overview and Update**
- Linda Reineke, RD, CDE, Patient Education, UNM Hospital
- 10:55 – 11:10 AM** **Networking**
- 11:10 – 11:35 AM** **Update on American Association of Diabetes Educators (AADE)**
- Donna Tomky, MSN, RN, C-ANP, CDE, President-Elect, AADE
- 11:35 – 12:00 PM** **Lunch**
- 12:00 – 2:00 PM** **CEU Session: Red or Green? Promoting Healthier Weight New Mexico Style**
A Clinical Prevention Initiative (CPI) Training and Toolkit for the Prevention and Treatment of Adult Overweight and Obesity
- Susan Baum, MD, MPH, Medical Director, Chronic Disease Prevention and Control Bureau, NMDOH
 - Brenda L. Wolfe, PhD, Clinical Psychologist

**The next NMDAC Meeting will be held on Friday, June 4, 2010, 10:00 am - 2:00 pm
at the Sandia Resort & Casino.**



12:00—2:00PM

**CEU Session: Red or Green? Promoting Healthier Weight New Mexico Style
A Clinical Prevention Initiative (CPI) Training and Toolkit for the Prevention and
Treatment of Adult Overweight and Obesity**

Susan Baum, MD, MPH
Brenda L. Wolfe, PhD

Program Objectives

At the conclusion of the meeting, participants should be able to:

- 1) Utilize CPI toolkit materials to promote healthier weight with their adult patients;
- 2) Cite the National Institutes of Health guidelines as a primary evidence base for toolkit materials;
- 3) Describe appropriate management goals for patients who have a high, intermediate or low overall health risk related to their weight;
- 4) Identify how toolkit materials support assessing a patient's readiness to change and using a motivational interviewing approach when addressing weight management.

Disclosure

Dr. Baum and Dr. Wolfe have disclosed that they have no financial interest or other relationships with the manufacturer(s) of commercial products related to the content of this presentation.

Acknowledgment

This event is supported by the New Mexico Department of Health Diabetes Prevention & Control Program through a cooperative agreement with the Centers for Disease Control and Prevention.

Accreditation:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of New Mexico Office of Continuing Medical Education and the New Mexico Medical Society. The University of New Mexico Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The Office of Continuing Medical Education designates this educational activity for a maximum of 2.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.



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The New Mexico Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This program provides 2.0 contact hours (0.20 CEU's) of continuing pharmacy education credit. The program is designed for pharmacists and related health care providers. NMPPhA will issue statements of credit by mail within 4-6 weeks to attendees who have successfully completed a Program Evaluation Form.

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The purpose of the New Mexico Diabetes Advisory Council quarterly meetings is to provide state-of-the-art information to diabetes care providers throughout the state of New Mexico. In addition to continuing education units for physicians, nurses and pharmacists, we offer continuing education credits for CHES and dietitians as well as letters of attendance for social workers.